

Keith R. Moore, D.O.

Board Certified
Gastroenterologist

Gastroenterology Consultants
of Central Florida, PA

Aniq Shaikh, M.D.

Board Certified
Gastroenterologist

Moviprep For Colonoscopy

The Moviprep carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

Report to **Florida Hospital East Or University Surgical Center**

You will need a driver to take you to and from the facility. Your Driver MUST Stay at the Facility.

The day **BEFORE YOUR PROCEDURE**, you will be on a clear liquid diet the entire day. You may drink any liquid that you can hold up to the light and see through (apple juice, ginger ale, Gatorade, soup broth, coffee and tea without cream or sugar, water, soda, popsicles and jell-o). **NOTHING RED OR PURPLE. **NO SOLID FOOD STARTING IN THE MORNING THE DAY PRIOR TO THE PROCEDURE.****

Do not take any oral diabetic meds the day of the prep or the morning of the procedure. If you are on Insulin, take only half of your normal dosage the day of the prep and the morning of the procedure.

Please stop **All BLOOD THINNERS AND ASPIRIN PRODUCTS 5** days prior to procedure. TAKE BLOOD PRESSURE AND OTHER MEDICATIONS AS YOU NORMALLY WOULD.

***The day before your colonoscopy 5pm**, empty 1 pouch A and 1 pouch B into the disposable container. Add lukewarm drinking water to the top of the container. Mix to dissolve. You may also add crystal light packages to give a better flavor (**No Red or Purple**). If preferred, mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.

The Moviprep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8oz), until the full liter is consumed.

Follow this with 16oz of an approved clear liquid of your choice. This is a necessary step 2to ensure adequate hydration and an effective prep.

***The morning of your colonoscopy 5AM, REPEAT PREP EXACTLY AS YOU DID AT 5 PM.**

****NO FURTHER INTAKE OF FLUIDS 2 HOURS PRIOR TO THE PROCEDURE****