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Board Certified
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Gastroenterology Consultants
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Patient Instruction Sheet

You have been scheduled for a Capsule Endoscopy. Please report Gastroenterology Consultants on the date and time listed for you scheduled test. Any special instructions for you to follow are listed for your reference. Please do not hesitate to call our office should have any further questions. Following your test, you will be scheduled for a follow up office with your physician.

Test Scheduled: Capsule Endoscopy

Report To: Gastroenterology Consultants of Central Florida

Special Instructions:

You will be on a **CLEAR LIQUID DIET** the entire day before the procedure. Clear liquids include, but not limited to: SPRITE, 7-UP, GINGER ALE, WATER, GATORADE, SOUP BROTH, JELLO, COFFEE/TEA without cream or sugar, and POPSICLES. **(JUST NOTHING RED OR PURPLE).** ****NO SOLID FOOD STARTING IN THE MORNING THE DAY PRIOR TO THE PROCEDURE.****

If you are a diabetic, the day before your appointment and the morning of your appointment, you will not take your diabetic medication. If you are on Insulin, take only half of your normal dosage the day of the prep and the morning of the appointment.

If you take **IRON SUPPLEMENTS OR MULTI-VITAMINS**, you will need to stop them **14 days prior to your appointment.**

You will not need a driver on the morning of your test. You will not be able to inside the banks, airports, hospitals, or post offices the day of your appointment.

The day before your procedure at 5:00 pm you will drink a 10oz bottle of Magnesium Citrate. (Over the counter). You can stay on clear liquids until midnight or bedtime, whichever comes first.

At 5:00 am the morning of the procedure, you will need to drink 5oz of Magnesium Citrate. Please do not have anything to eat or drink. If you take any other medications in the morning, besides the diabetic medication or iron supplements, you may take them with a small sip of water. If you have questions please call our office at 407-277-8665.